

**MCGILL UNIVERSITY STUDY ON THE NATURAL HISTORY
OF NICOTINE DEPENDENCE IN TEENS**

Questionnaire for School Principals

May/June 2002

1. **Name of school:** _____

2. **Are you the school... ?**

Principal

Vice-Principal

Other: _____

Specify

3. **Today's date:**

--	--

--	--

 , 2002

Month

Day

4. **How many students were registered in your school on September 30, 2001 in ...?**

Secondary I

--

Secondary II

--

Secondary III

--

Secondary IV

--

Secondary V

--

5. **How many teachers work in this school...?**

Full-time

--

Part-time

--

6. **What time does your school...?**

Start in the morning (e.g. 8:30)

--

Break for lunch (e.g. 12:00-13:00)

--

 Cycle 1

--

 Cycle 2

End in the afternoon (e.g. 15:30)

--

7. **What proportion of your students take the school or city bus to school?**

Most/All

More than half (but less than most/all)

About half

- Less than half (but more than a few)
- Few

8. In a normal school year (i.e. no ban on extracurricular activities (ECA)), how many students participate in intramural sports (outside the regular physical education curriculum)?

- Most/All
- More than half (but less than most/all)
- About half
- Less than half (but more than few)
- Few

9. In a normal school year (no ECA ban), how many students participate in extramural (inter-school) sports?

- Most/All
- More than half (but less than most/all)
- About half
- Less than half (but more than few)
- Few

10. Are the teachers/staff in your school who coach/supervise students in extracurricular sports compensated for their time.....?

- Fully
- Partially
- Not at all
- Don't know

11. During a normal school year (no ECA ban), which of the following intramural sports (outside the regular physical education curriculum) are available at your school (at any grade level)?

Yes

- Basketball
- Soccer
- Football
- Rugby
- Swimming
- Softball
- Volleyball
- Hockey
- Badminton
- Weight room

- Cosom/Floor hockey
- Gymnastics
- Track and field
- Field hockey
- Cross-country skiing
- Downhill skiing
- Lacrosse
- Other (specify): _____
- Other (specify): _____
- Other (specify): _____

12. During a normal school year (no ECA ban), which of the following extramural sports are available at your school (at any grade level)?

Yes

- Basketball
- Soccer
- Flag/touch/contact football
- Football
- Rugby
- Swimming
- Badminton
- Softball
- Volleyball
- Tennis
- Hockey
- Cosom/floor hockey
- Curling
- Gymnastics
- Indoor track and field
- Outdoor track and field
- Field hockey
- Cross-country skiing
- Downhill skiing
- Wrestling
- Lacrosse
- Other (specify): _____
- Other (specify): _____
- Other (specify): _____

13. During a normal school year (no ECA ban), does your school offer any of the following special sports events (at any grade level)?

Yes

- Track and field days
 - Outings to promote sports
 - Sports tournaments
 - Fund-raising sports activities (Jump Rope for Heart, Terry Fox Run, etc.)
 - Sports week/month
 - School dances
 - Ski trips
 - Other (specify): _____
 - Other (specify): _____
-

14. **During a normal school year (no ECA ban), is the gym in your school available to students for free play...?**

	Often	Sometimes	Never
Before school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
At lunch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
After school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

15. **Does the current ECA ban affect sports activities at your school?**

- Yes
- No → Go to question 22

16. **Would you say the current ECA ban eliminated intramural sports in your school...?**

- Completely
- Almost completely
- Partially
- Not at all

17. **Would you say the current ECA ban eliminated extramural sports in your school...?**

- Completely
- Almost completely
- Partially
- Not at all

18. **Would you say the current ECA ban eliminated sports-related special events in your school...?**

- Completely
- Almost completely

- Partially
- Not at all

19. Since the current ECA ban began in January 2002, has the gym in your school been available to students for free play...?

	Yes	No
Before school	<input type="checkbox"/>	<input type="checkbox"/>
At lunch	<input type="checkbox"/>	<input type="checkbox"/>
After school	<input type="checkbox"/>	<input type="checkbox"/>

20. Since the current ECA ban began in January 2002, have any of the following intramural sports been available at your school (at any grade level)?

Yes

- Basketball
- Soccer
- Football
- Rugby
- Swimming
- Softball
- Volleyball
- Hockey
- Badminton
- Weight room
- Cosom/Floor hockey
- Gymnastics
- Track and field
- Field hockey
- Cross-country skiing
- Downhill skiing
- Lacrosse
- Other (specify): _____
- Other (specify): _____
- Other (specify): _____

20. Since the ECA ban began in January 2002, have any of the following extramural sports activities been available at your school (at any grade level)?

Yes

- Basketball
- Soccer

- Flag/touch/contact football
- Football
- Rugby
- Swimming
- Badminton
- Softball
- Volleyball
- Tennis
- Hockey
- Cosom/floor hockey
- Curling
- Gymnastics
- Indoor track and field
- Outdoor track and field
- Field hockey
- Cross-country skiing
- Downhill skiing
- Wrestling
- Lacrosse
- Other (specify): _____
- Other (specify): _____
- Other (specify): _____

21. Since the ECA ban began in January 2002, have any of the following sports events been available to students at any grade level in your school?

Yes

- Track and field days
 - Outings to promote sports
 - Sports tournaments
 - Fund-raising sports activities (Jump Rope for Heart, Terry Fox Run, etc.)
 - Sports week/month
 - School dances
 - Ski trips
 - Other (specify): _____
 - Other (specify): _____
-

22. How supportive of the ECA ban are the teachers in your school?

- Very supportive
- Somewhat supportive
- Neutral

- Somewhat unsupportive
- Very unsupportive

23. How supportive of the ECA ban are the students in your school?

- Very supportive
- Somewhat supportive
- Neutral
- Somewhat unsupportive
- Very unsupportive
- Don't know

24. How supportive of the ECA ban are the parents in your school?

- Very supportive
- Somewhat supportive
- Neutral
- Somewhat unsupportive
- Very unsupportive
- Don't know

25. How involved in school life are the parents of students in your school?

- Very involved
- Somewhat involved
- Neutral
- Somewhat uninvolved
- Very uninvolved
- Don't know

26. Think back to the previous ECA ban, which began in Fall 1999. How many months did that ban last in your school?

Months

- Don't know

27. How would you compare the impact of the 1999 ban with this current ban in terms of the impact on sports activities?

- A lot more impact
- Somewhat more impact
- About the same impact
- Somewhat less impact
- A lot less impact
- Don't know

28. Now a few questions about smoking. Does your school have a policy in

regard to smoking on school property?

- Yes
- No → Go to question 34

29. In what year was the (first) smoking policy implemented at your school?

- Don't know

30. What is the current school policy for teachers regarding smoking on school property?

- No smoking anywhere on school property
- Can smoke only in a specific location(s) inside the school building
- Can smoke only in a specific location(s) outside the school building
- Other (specify) _____

31. What is the current school policy for students regarding smoking on school property?

- No smoking anywhere on school property
- Can smoke only in a specific location(s) inside the school building
- Can smoke only in a specific location(s) outside the school building
- Students in Secondary I and II cannot smoke at all
- Other (specify) _____

32. Does your school have any problems enforcing the current policy on smoking?

- A lot
- Some
- Few
- None → Go to question 34

33. Please describe the problem(s):

34. Have any outside speakers come to your school this year to talk about smoking with students?

Yes

No

35. Does your school distribute a written guide or handbook to students that describes the school smoking policy?

Yes

No

36. Have any students been warned, given a suspension, or otherwise disciplined by the school this year for smoking on school property?

Yes

No → Go to question 38

37. About how many students have been warned, given a suspension or otherwise disciplined this year for smoking on school property?

Less than 10

10 to 19

20 to 29

30 to 39

40 to 49

50 to 59

60 to 69

70 to 79

80 to 89

90 to 99

More than 100

For the following questions

Tobacco Control Education - includes tobacco control curriculum, tobacco control activities, or both.

Tobacco Control Curriculum - lessons delivered during class time as part of a particular course.

Tobacco Control Activities - special events and/or programs in your school delivered during or outside of regular class time.

38. Is tobacco control education a priority in your school?

Very high priority

High priority

Moderate priority

Low priority

Very low priority

39. Is tobacco control education available to the students in your school?

- Yes
- No → Go to question 42

40. How does tobacco control education fit into the curriculum? (Check all that apply)

- Smoking/tobacco is part of the health education program
 - Tobacco education is taught on its own
 - Tobacco education is taught within the context of other subject areas (e.g. with Family Studies, Biology, or Religion/Values)
 - Tobacco education is encompassed within extracurricular activities
 - Other (specify): _____
-

41. Approximately how many teachers in your school are involved in tobacco control education?

Teachers

42. Are there any activities or materials available at your school to help students quit smoking?

- Yes
- No → Go to question 45

43. What is the nature of the smoking cessation activities? (Check all that apply)

- Group sessions held outside of school hours
 - Group sessions held at lunch time
 - Group sessions held during class time
 - Self-help materials
 - Individual counselling
 - Other (specify): _____
-

44. Approximately, how many students participate in smoking cessation activities each year at your school?

Students

45. How true are each of the following for you?

	Not at all true	Slightly true	Somewhat true	Very true
Smoking is a serious problem in this school				

I believe preventing tobacco use among youth is important				
I consider the tobacco control education programs delivered at my school to be effective				
I am concerned about tobacco control education in my school				
I understand why some individuals consider tobacco control education to be important				
I am interested in more information on the time and energy commitments that tobacco control education may require				
I am interested in learning more about tobacco control education				
I consider preventing tobacco use to be important for schools to address				
I would like to explore the possibility of improving tobacco control education in my school				
I am concerned about the health consequences of tobacco use				
I believe that encouraging smokers to quit is important				
I believe that providing a smoke-free environment is important				

THANK YOU VERY MUCH!